



Bakery

Served with homemade seasonal preserves & butter

Plain Croissant 12 | Zataar Croissant 12 | Pain au chocolat 12
Scone 14 | 3-Seed toast 10 | Sunflower seed toast 12

Bowls

Acai Bowl

Acai, banana, strawberries, dragon fruit, peanut butter, homemade granola 45

Homemade Granola

Organic greek yoghurt, seasonal fruit & milk of your choice 32

Rolled Oat Porridge

Organic rolled oats, apples, almonds, cinnamon & organic maple syrup 29

Chia Seed Pudding

Chia seeds, coconut milk, honey & berry compote 35

Bircher Muesli

Organic rolled oats, seasonal fruit & almonds 32

Cereal

organic cereals served with your choice of milk
(Dairy, Almond, Soy, Coconut)

Corn Flakes 18 | Fibre Flakes 18 | Cocoa Rice 18

Sweet Treats

Banana-Oat Power Pancakes

Organic rolled oats, banana, egg, honey & cinnamon 38

Fluffy Pancake

Almonds, berry compote & Organic maple syrup 44

Brioche French Toast

Grilled peaches, berry compote & organic maple syrup 38

Gluten Free | Dairy Free | Vegan | Contains Nuts

Despite taking precautions we cannot guarantee that all our items exclude the above listed allergens.
There may be a risk of cross contamination which could affect those with severe allergies.

All menu items are inclusive of 10% municipality tax, 10% service charge & 5% VAT

info@sophiesme.com | www.sophiesme.com | @sophiesdubai



Avocado Toast

Smoked salmon, sautéed mushroom, cucumber, avocado, 3 seed toast 52 DF

Heirloom tomatoes, red onion, chili, coriander, avocado, 3 seed toast 37 DF V

Sweet corn, spring onion, avocado, 3 seed toast 37 DF V

Add 2 poached eggs 10

Eggs

Served with 3 seed toast & butter
(Gluten free toast option available)

2 Eggs Your Way

Boiled, scrambled, poached, fried 34

Smoked Salmon Scrambled Eggs

Smoked salmon, chives 48

Feta & Cherry Tomato Omelette

Feta cheese, heirloom cherry tomato, herb 44

Egg White Garden Omelette,

Asparagus, tomato, zucchini & spinach 52 DF

Eggs Benedict

Veal bacon, poached eggs, hollandaise sauce 55

Eggs Florentine

Spinach, poached eggs, hollandaise sauce 50

Eggs Atlantic

Smoked salmon, poached eggs, hollandaise 55

Corn Fritters

2 poached eggs, corn fritters, avocado, homemade
tomato chutney 50

Big Breakfast

2 eggs your way, hash brown, corn fritters, sautéed
mushrooms, home-style beans, grilled tomato,
veal bacon 60

Vegan Breakfast

Home-style beans, sautéed mushrooms, grilled tomato,
asparagus, sautéed spinach, avocado 50 DF V

Levant Breakfast

2 eggs your way, fowl medames, hummus, grilled
halloumi, sliced tomato, sliced cucumber, laban,
mixed olives, arabic bread 50

Extras

Grilled tomato 8 | Sautéed mushrooms 10

Sautéed spinach 10 | Avocado 15

Asparagus 15 | Hash browns 10

Home-style beans 10 | Corn fritters 15

Grilled halloumi 15 | Veal bacon 15

Extra egg 5 | Smoked salmon 20

GF Gluten Free | DF Dairy Free | V Vegan | N Contains Nuts

Despite taking precautions we cannot guarantee that all our items exclude the above listed allergens.
There may be a risk of cross contamination which could affect those with severe allergies.

All menu items are inclusive of 10% municipality tax, 10% service charge & 5% VAT

info@sophiesme.com | www.sophiesme.com |   @sophiesdubai