



Freshly Made Juice

Select from our seasonal fruits & vegetables 22

Cucumber | Celery | Spinach | Kale | Green Apple | Red Apple
Pineapple | Orange | Carrot | Beetroot | Lime | Lemon | Ginger

Health Shots

Ginger (Immunity) 15 GF DF V

Wheatgrass (Detoxing) 15 GF DF V

Turmeric (Anti-inflammatory) 15 GF DF V

Smoothies

Acai

Acai, banana, almond milk 26 GF DF V N

Berrylicious

Mixed berries, banana, apple juice, honey 26 GF DF

Chocolate & Peanut Butter

Cacao, peanut butter, banana, dates, almond milk 26 GF DF V N

Green Dream

Spinach, pineapple, avocado, banana 26 GF DF V

Rise & Shine

Banana, dates, cinnamon, gluten free oats, chia seeds, almond milk 26 GF DF V N

Mint Love

Mint, spinach, banana, dates, almond milk 26 GF DF V N

Key Lime Devine

Lime, spinach, banana, dates, almond milk 26 GF DF V N

GF Gluten Free | DF Dairy Free | V Vegan | N Contains Nuts

Despite taking precautions we cannot guarantee that all our items exclude the above listed allergens. There may be a risk of cross contamination which could affect those with severe allergies.

All menu items are inclusive of 10% municipality tax, 10% service charge & 5% VAT

info@sophiesme.com | www.sophiesme.com |   @sophiesdubai



Coffee

Hot

Espresso 15 | Cortado 15 | Macchiato 15 | Americano 18 | French press 22
Flat white 18 | Café latte 18 | Cappuccino 18 | Babycino 8 | Extra shot 5

Cold

Frappe 18 | Freddo espresso 18 | Freddo cappuccino 18

Hot Drinks

Matcha latte 21
Chai latte 21
Golden Tumeric latte 21
Hot chocolate 21

Loose Leaf Tea

Black Tea

Organic English breakfast 16
Organic Majestic Earl Grey 16
Organic Masala Spice Chai 16

Green Tea

Organic Gunpowder Green Tea 16
Organic Jasmine Tea 16
Moroccan Mint 16

Herbal Tea

Chamomile Blossoms 16
Organic Ginger Breeze 16
Rooibos Vanilla 16

Alternative Milk Options: Almond | Soy | Coconut

GF Gluten Free | **DF** Dairy Free | **V** Vegan | **N** Contains Nuts

Despite taking precautions we cannot guarantee that all our items exclude the above listed allergens.
There may be a risk of cross contamination which could affect those with severe allergies.

All menu items are inclusive of 10% municipality tax, 10% service charge & 5% VAT

info@sophiesme.com | www.sophiesme.com |   @sophiesdubai